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## Myringotomy with tube insertion

### Diet

Resume previous diet

### Activity

No restrictions

### Medications

\_\_\_\_\_ Ear drops \_\_\_\_\_ times per day, for \_\_\_\_\_ days.

Discomfort or fever is usually relieved by Tylenol or Motrin.

Do not take aspirin, see Pain Control Sheet for additional instructions.

If oral antibiotics were prescribed, please take all the medication.

### Follow-up

If arrangements for follow-up have not been made before you leave the surgery center today, please call the office you are usually seen in to make those arrangements.

West Ashley 766-7103

Summerville 873-8733

N. Mount Pleasant 654-7494

St. Andrews Blvd 763-0543

Moncks Corner 761-5690

North Charleston 793-6500

Goose Creek 329-0785

Mount Pleasant 216-8774

Walterboro 766-7103

### Work/School

You may return the day after surgery.

### Information

Bloody drainage from the ear is normal and will reduce over the first 3 days.

Report drainage from the ear that persists longer than 5 days.

Notify the doctor for fever if it persists above 102.5 during the first 24 hours of surgery.

Swimming and bathing are allowed while the tubes are in. **NO EARPLUGS ARE NEEDED.**

Should you have increased drainage and irritation related to prolong water exposure, use the antibiotic drops given to you after surgery. If this does not relieve the problem in 3 days, call our office.